

How to use the internet to find out who your local MP is

These resources have been made alongside an Expert by Experience.

Thank you to the Good Things Foundation for funding the creation of these resources.





Find your MP



You can search on the internet to find out who your MP is.



MP stands for Member of Parliament. MPs are voted by adults in the UK in a big vote. Every MP listens to people in their local area and they come to the UK Parliament to debate.

How to find out who your MP is



Step 1

Open up your internet browser.

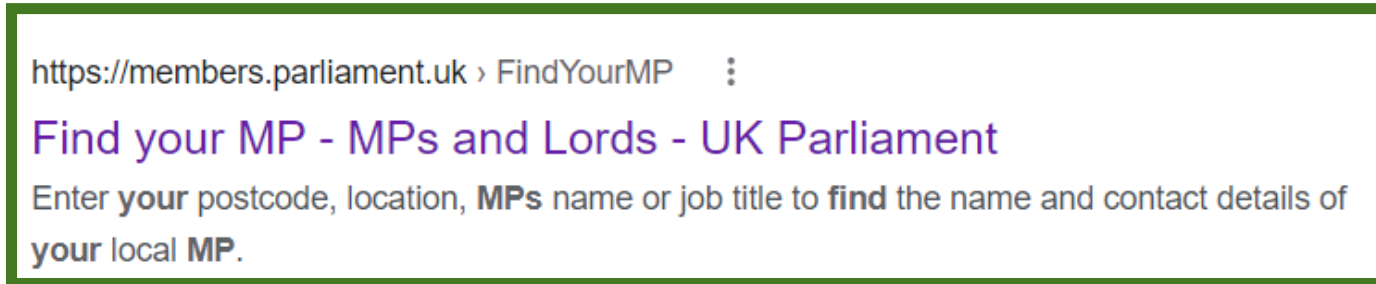


Step 2

Type into the search bar 'Find your MP'.

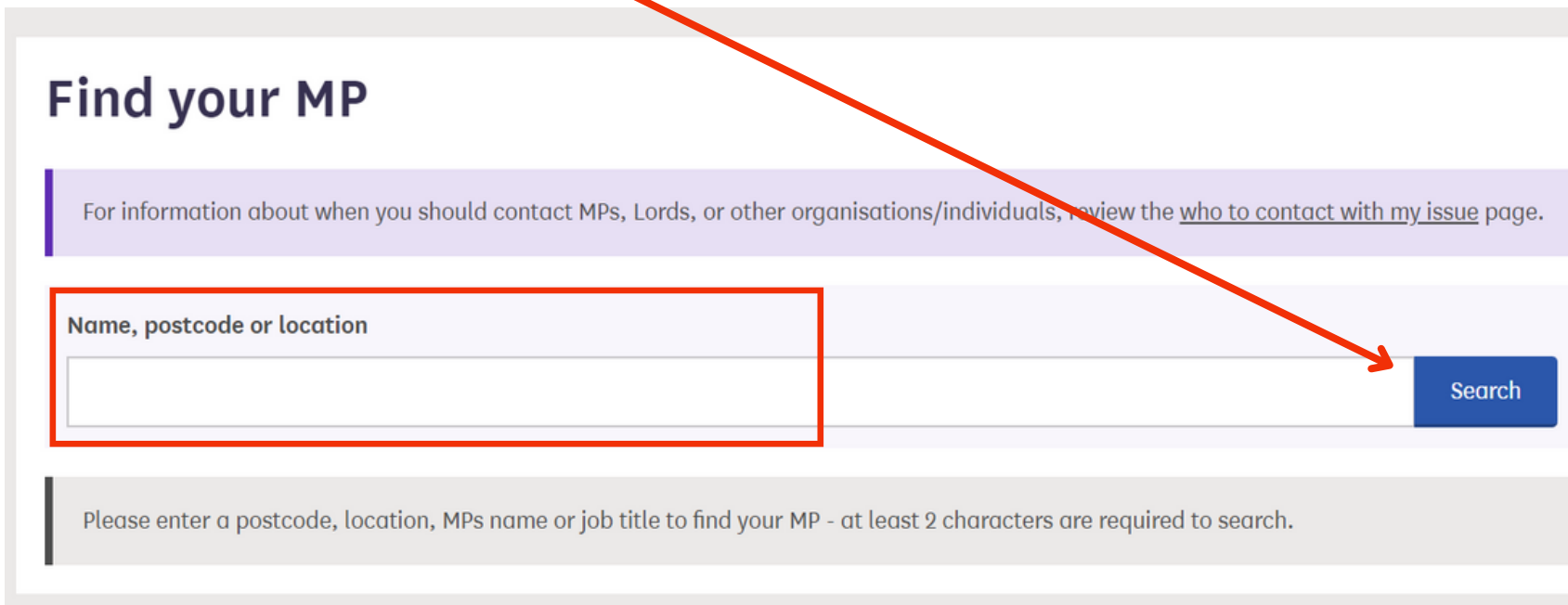
Step 3

Find the website called <https://members.parliament.uk>> FindYourMP
It should look like this:



Step 4

Click on the search bar and type in your postcode or the name of your town. Then click Search.



The website will then tell you who is the MP for your local area. For example, the MP for Oxford East is Anneliese Dodds.

MPs and Lords

[UK Parliament](#) > [MPs and Lords](#) > [Find MPs](#) > [Anneliese Dodds](#)

Anneliese Dodds

Anneliese Dodds is the Labour (Co-op) MP for [Oxford East](#), and has been an MP continuously since 8 June 2017. She currently undertakes the roles of Chair of Labour Policy Review, and Shadow Secretary of State for Women and Equalities. In addition, she is Party Chair, Labour Party.

<ul style="list-style-type: none"> <li style="background-color: #e0e2e4; padding: 5px; margin-bottom: 5px;">Contact information <li style="background-color: #e0e2e4; padding: 5px; margin-bottom: 5px;">Parliamentary career <li style="background-color: #e0e2e4; padding: 5px; margin-bottom: 5px;">Voting record <li style="background-color: #e0e2e4; padding: 5px;">Early Day Motions 	<h3 style="margin: 0;">Contact Anneliese Dodds</h3> <p>This section contains web, social and other contact information for Anneliese Dodds.</p> <p>When contacting this Member, they should be addressed as Anneliese Dodds.</p> <div style="background-color: #e0e2e4; padding: 10px; margin-top: 10px;"> <p>For information about when you should contact MPs, Lords, or other organisations/individuals, review the who to contact with my issue page.</p> <hr/> <p>Parliament takes the safety and wellbeing of its Members very seriously. Any contact which is</p> </div>
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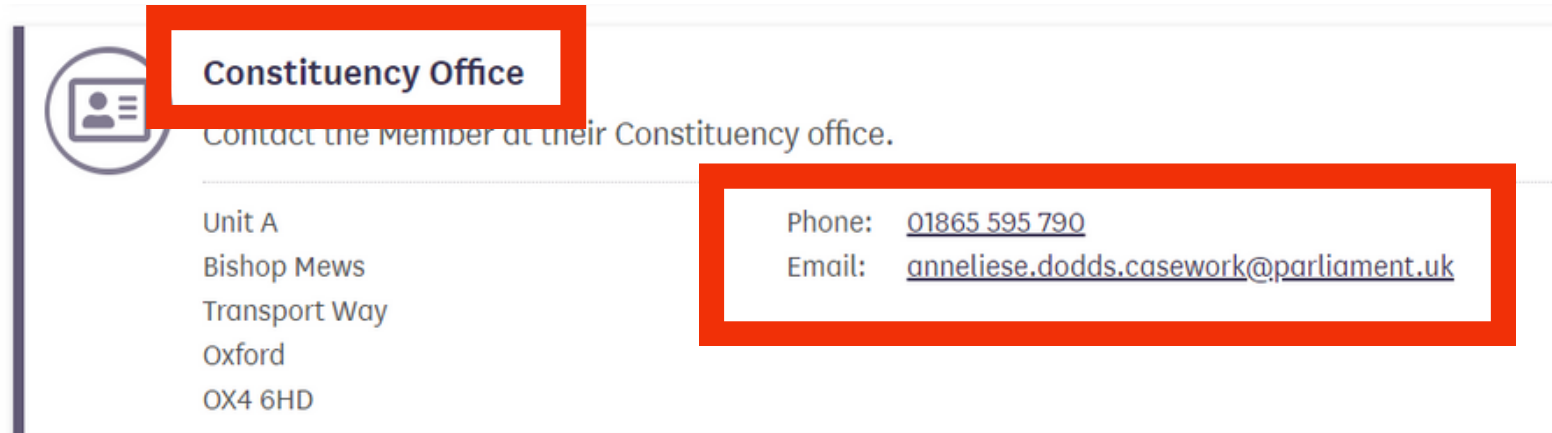
The website will tell you the name of the area your MP looks after.

Anneliese Dodds is the MP for Oxford East.

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To find out their contact details, scroll down on the website to where it says 'Constituency office'. This means local office. You will see their phone number and email address.



Constituency Office

Contact the Member at their Constituency office.


Unit A
Bishop Mews
Transport Way
Oxford
OX4 6HD

Phone: [01865 595 790](tel:01865595790)
Email: anneliese.dodds.casework@parliament.uk



If you are a member of My Life My Choice and would like computer support, please contact Sophie:

 sophie@mylifemychoice.org.uk

 01865 204214



For more Easy Read guides, please visit the MLMC website:

www.mylifemychoice.org.uk