



Living through the Covid-19 Pandemic:

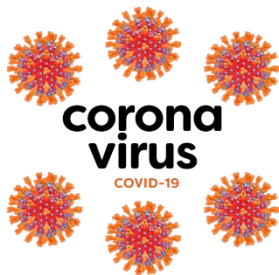
The thoughts and feelings of people with a
learning disability in Hertfordshire

An easy read guide to the project

What is this research about?



This research is being done by the Oral History team at the University of Hertfordshire.



They would like to know what life has been like for people with learning disabilities during the Covid-19 pandemic.



They would like to focus on people who live in Hertfordshire.



The researchers would like to know how your life has been changed by the restrictions.



If you have been worried about getting very unwell.



What it has felt like to see so many people be unwell.

Taking part in the research



It is up to you if you would like to take part in this research.



You can say no if you do not want to be involved.



You can also change your mind and stop being involved at any time.

How will the research be done?



If you agree to take part, you will be contacted by someone from the Oral History Team.



They will invite you to do a zoom interview at a time that you choose.



Zoom in an online platform where you can speak to someone else with video and sounds.



You will be sent a form sign to say that you are happy to take part.



This is called a consent form.



You will be asked if you are happy for your interview to be used in the research.



You can decide:

- If you want your voice to be used



- If you want your video to be used



- If you want only a part of your interview to be used



It is important that you tell someone what you would like to do.



You will be sent a link to your Zoom interview.



Your interview will be recorded.



Before your interview starts, you have a chance to ask any questions or talk through any worries you have.

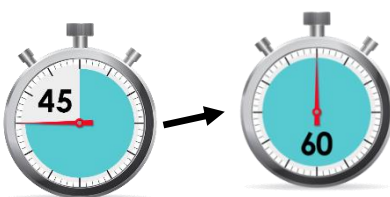


You will be asked if you have understood and if you are happy for the interview to go ahead.



This is called giving your consent.

The Interview



The interview will usually last between 45 minutes and 1 hour.



You can decide with the person doing the interview if you would like to do it in two parts.



If you would like to stop the interview at any time, you can do so.



If you change your mind and would not like your interview to be used, you must say so.



Your interview will then be deleted straight away.



If you would like part of your interview to be deleted, you can tell the person who is doing the interview.



The person doing the interview might ask you if it is ok for them to get back in touch at a later time.



If you would not like to be contacted again, you must say so.



If you would like to stop being a part of the research, you must say so.

How will I feel if I take part?



Sometimes, people can feel a bit nervous when they have an interview.



The researchers are really friendly and hopefully you will start to feel more comfortable with them after your first chat.



You might feel really happy that you have been involved in the research.



If you do decide to be involved, you will have really helped the project and your stories and memories will be around forever.



However, it can sometimes be upsetting to talk about your feelings and memories.



Our interviewers are trained to help talk to you about these things.



If you do get upset, you can have a break from the interview.



It is really important that you talk to someone that you trust if you do get upset.

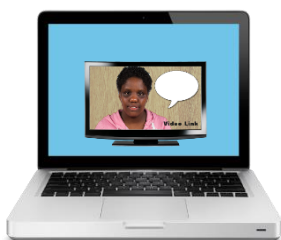


If you have any worries at any time, please let the person doing the interview know.

How will you use my interview?



The person doing the interview will share it with the rest of the research team.



Your interview will also be on the Oral History Team's website so that other people can see it.



If you would not like for your interview to be shared, please make sure to tell the person doing your interview.

Confidentiality



We will save your interview and your personal details on our records.



Your personal details will not be shared with anyone outside of the project.



Your interview might be shared with people outside of the project team.



If you would not like for your information to be kept or shared, please let the person doing your interview know.

Who can I contact if I have any questions?



If you have any questions or you would like to know more, please get in touch with Andrew Green.



You can email him at:
a.green3@herts.ac.uk



You can call him on: 01494 881871

How can I make a complaint?



If you would like to make a complaint or raise a concern about any part of this project, please do get in touch.



You can email the University's Secretary Registrar at: l.toon@herts.ac.uk



You must include the University's Ethics Approval Protocol number which is:
HUM SF UH 04891.